

# GET LOCAL

## KALE CHIPS provided by Erica Sparhawk

**PREP TIME:** *20 Minutes*

**INGREDIENTS:**

- *Kale*
- *2-3 TBS olive oil*
- *2-3 TBS salt*

**METHOD**

Take one washed bunch of kale, tear into chip size pieces. Toss with a few tablespoons of olive oil and salt. Spread out in a single layer on a baking sheet lined with parchment paper. Bake at 375 degrees for 15 minutes. One bunch likely yields two batches and will be devoured by anyone nearby.



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